

FRESH • GREEN • FASHION

# peppermint

## SOCIAL FABRIC

*weaving new beginnings*

## ECO DESIGNERS

*fresh fashion from around the world*

## OLD FASHIONED VALUES

*the stuff that matters most*

## the global ISSUE

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**& little miss sew & sew**  
**BLITZ ON KNITS - JUMPER REBORN AS A SCARF**

CAT EMPIRE 80s SEQUINS & SPARKLE MONEYLESS MAN ORGANIC ALCOHOL NATURAL LIPPIES KIDS FAIR TRADE



## Pantry pampering

Go global with these ancient beauty secrets from around the world...

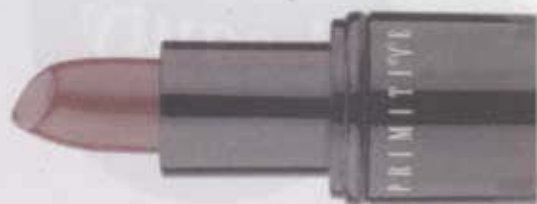
**INDIA** Turmeric is said to help detox and give your body a glow. Mix with almond oil and rub into body and face. Wash off after 10 minutes.

**ITALY** Rosemary is a wonderful tonic for the hair. Steep in hot water with vinegar, let cool and use as a final hair rinse for lustrous locks.

**FRANCE** Salt is popularly used as a body exfoliant. Mix a tablespoon with a tablespoon of olive oil for a winter skin slough.

**THAILAND** Coconut milk is used to soften and moisturize skin. Tip a can of coconut milk into your bath and reap the rewards!

**PACIFIC ISLANDS** Tamanu nut oil is an excellent cell regenerator. Pat straight onto a damp face after cleansing for a glowing visage.



## JUNGLE PRINCESS

Primitive hails from Woodstock, New York (ok, so a jungle of sorts) and have created a gorgeous make up range, including some super-duper lipsticks that are choc-full of moisturising goodness. They come in six extremely wearable shades of pinks, berries, reds, nudes, and peaches. We are a bit nudie-rudie here at Peppermint (so we heart Martinique), but we love all of them because you know what? These lipsticks are the first to be given the thumbs-up by Jane Goodall, carrying her Good For All seal of approval. We give Primitive a thumbs-up too.

[www.primitivemakeup.com](http://www.primitivemakeup.com)



## Upping the ante with antipodes

Shiver me timbers. Antipodes, another New Zealand wonderbrand, has done it again. We were already in love with their beauty goodies that include Kiwi Seed Eye Cream, Aura Manuka Honey Treatment Mask, Reincarnation Pure Facial Exfoliator and various other exquisite products. Their new treatment is Divine Face Oil, and we could just leave it at that because guess what? It is divine. Certified organic and sustainably created, this anti-ageing face oil has been independently clinically tested and is proven to stimulate collagen synthesis by 51%. What's the secret? Organic avocado oil, which is high in chlorophyll, essential fatty acids, and natural UVA sun-screening properties. Add to that fragrances of ylang ylang, sweet orange and jasmine. Divine indeed!

[www.antipodesnature.com](http://www.antipodesnature.com)

## Balinese for beautiful

Who loves yummy-smelling products? Me, me! INDAH is the new range created by Aussie model Teisha Lowry, and it offers some extremely delish lip and body products, aimed at surfers, sunseekers and snow bunnies. Think coconut and vanilla, exotic spices and cinnamon, simple formulations and honest-to-goodness effectiveness. Not only are they loaded with natural goodness, they are also ethically produced. Indah's creed is "Tri Hita Karana", which is Balinese for working in harmony with humanity, the environment, and the divine. "A lot of Australian companies exploit Balinese businesses... I want to ensure the public that they can totally rely on fair trade with INDAH. Everything is locally sourced from the Udud region and we follow strict Mitra Bali guidelines (the Balinese fair trade association)" affirms Teisha. "INDAH works closely with one family that has been hand making natural products for generations. Our products are not cheap for us to make, we use the best of everything - my Balinese Ibu (Mum) comes from a line of traditional Balinese herbalists and doctors." INDAH also support Surf Aid and IDEP (Indonesia's development of permaculture and education). Sound good? It is. It's also good enough to eat (we find the Coco Love Lip Balm is particularly delectable!).

[www.indah.com.au](http://www.indah.com.au)



win!

Score a surfers body balm, lip balm & body bar!



## THE NAUGHTY CORNER

This month in detention is Neutrogena with their cleansing gadget the Wave Power Cleanser. Agreed: this pretty, pink vibrating-face cleansing tool is very cute to look at, and probably scrubs your skin silly - giving you a glow you may not have seen for years. However, not only is it made of plastic, it runs on batteries and uses disposable pads (also packaged in plastic) to be thrown out after each and every cleanse - all loaded with SLS, PEGS and parabens, definitely not something we natural nannies would advocate! I say stick to a good old-fashioned face cloth like nana had; it does the job just as well without all the environmental fallout. Naughty, naughty Neutrogena!