

rejuvenate

MIND • BODY • SOUL

Bronzed beauty

Prue Roberts

There's always a part of the face that we like to enhance most.

It could be the eyes, the lips, possibly the cheeks, perhaps the forehead or the ears.

And there are tools and products that make drawing attention to these areas easy. Bronzer is one such tool.

Senior artist for MAC Cosmetics Asia/Australia Nicola Burford said bronzer had become popular as a healthy alternative to tanning.

"Bronzing powders have become very popular as they create a warm sun-kissed healthy glow on the skin."

This type of make-up has the ability to be used in many other ways, Ms Burford said.

"Bronzers are a must-have in every make-up bag.

"You can apply darker shades of bronzer around the contours of the cheek bones; paler shades look effective on top of the cheekbones and the nose, highlighting and illuminating the skin.

"I love to brush bronzing powder all around the circumference of the face, creating a luminous halo."

It's important to choose wisely when it comes to bronzer, too.

Ms Burford said that it's common to make the mistake of choosing the incorrect shade for the skin tone it will be applied on.

"Look for colours that are either a couple of shades darker or lighter than your skin and in the same colour family," she advised.

Ms Burford suggested a medium-size powder brush to use for applying powder bronzers, and offered the following tips on how to get the best result from bronzer when swept on with a brush.

"A great tip when applying your bronzer is each time you load your bronzer brush, dab it onto a clean tissue before you apply on the face.

"This will ensure you get a soft, natural application that looks like skin has been naturally tanned, rather than sunburnt."

MAC, which is at 276 Oxford Street, Paddington, has many bronzing products available, including bronzing powders in shades of golden, refined golden, bronze, refined bronze, deep bronze and matt bronze for \$39.



PUPA Desert Bronzing Powder, \$31.95, phone 1800 335 681 for stockists.



Guerlain Terracotta Sun Powder, RRP \$99, phone 9695 4800 for stockists.

Ere Perez Natural Tinted Rice Powder, \$34.95, phone 9130 3582 for stockists.