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Natural DIY Beauty Tips and Remedies

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Ere Perez's Natural DIY Beauty Tips and Remedies

Ere Perez is the founder and creator of [Ere Perez Natural Cosmetics](#), maker of one of our all-time favourite products, [Natural Beetroot Cheek and Lip Tint](#).

One of the best facials – made by you!

For Normal to Oily skin: beaten egg white and ¼ teaspoon of cider vinegar or lemon.

For Dry skin: one egg yolk with almond, peanut or corn oil.

Massage the mix slowly into your face with your ring fingers for a few minutes; lay down 15 mins with your eyes closed (try not to fall asleep!) and then rinse off with warm water and pat your face dry.

To finish off mix a spoon or two in equal parts of honey and any milk products like yogurt, milk or cream. Just lightly massage a few drops into your skin. It will be softer and younger looking than it's been in years!

Soften up your rough bits and be confident and beautiful in your cozzie!



For rough elbows and knees: Simply rub the areas with lemon pulp and peel every chance you get. It really works wonders.

Or you can just cut a lemon in half and use that to rub over your knees and elbows.

Sunburn aids

There are a few great things to use that really work. Raw grated potato, mashed cucumber or as tonic, wet towels submerged in cold nettle tea! Yes, they all really do work and they hardly cost a thing.

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