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5 multitaskers we love

Save time, money and shelf space with these products, says Beauty Editor **Helene Larson**.



Mineral bronzer Start with a loose mineral powder bronzer in a colour that suits your skin, and then get creative. Mix a dab with clear gloss for a lip tint, add a few shakes to moisturiser for a creamy blush, or dip into it with a wet-tipped brush for an eyeliner.
We love ... Musqskin Gilding Bronzer in Morocco (\$55.00; www.musq.com.au) is ideal on cheeks, eyes and lips, and works well with different complexions.

All-in-one moisturiser

Dispense with day moisturiser and foundation, and try a tinted mineral foundation with an SPF to give skin colour, sun protection, hydration and sheer cover. If you want more coverage, dust with translucent mineral powder.
We love ... Adorn Mineral Make-up Porefect and Protect Liquid Mineral Foundation (\$59.00; www.adoremineralcosmetics.com.au) Acts as a moisturiser, evens out skin tone, and offers SPF15, too.



Shampoo/body wash combo

This makes sense, especially for a family. Look for mild products with a unisex scent.
We love ... Burt's Bees Baby Bee Shampoo/Wash (\$19.95; www.adorebeauty.com.au) Contains skin- and hair-softening coconut oil and soy protein. Plus, it's great for cleaning make-up brushes.



Multi-purpose cream For space saving and cost cutting, nothing beats a cream that can be used on face and body.
We love ... Weleda Skin Food (\$21.95 for 75ml; www.welada.com.au) with extract of viola, sunflower seed and almond oils to soften and soothe.



Exfoliating cleanser These contain only a little exfoliating material in a nourishing base, making them appropriate for daily use.
We love ... John Masters Organics Jojoba and Ginseng Exfoliating Cleanser (\$50.40; www.spaorganics.com.au) With jojoba beads and essential oils to re-oxygenate and cleanse, this boosts circulation and lymphatic drainage.

spring-clean your make-up



Pretty up your face with these new, all-natural beauty bag must-haves, says Beauty Editor **Helene Larson**.

COME the warmer weather, it's not just your wardrobe that can benefit from a good clear-out – your skin care routine deserves a rethink, too. Switch to lighter lotions and gels, rather than creams; try a tinted moisturiser to give colour and sheen without grease; pick shimmery pink, coral and gold to accent lips, cheeks and brow bones; and choose earth-friendly packaging and all-natural ingredients.

DID YOU KNOW?

Mascara only lasts for three months. Dermatologist Dr Jeanette Graf suggests changing it after this, or when it starts clumping. Shut the tube tightly after each application, and don't pump the wand in and out – this pushes germs inside.

[1] Ere Perez Natural Rosehip Oil Lipbar in Nude (\$19.95; www.ereperez.com) These beautiful vegan SPF15+ lipsticks contain organic rosehip oil and provide colour while moisturising lips.

[2] Jane Iredale Eye Pencil in Double Dazzle (\$51.00; www.margifox.com.au) Wake up tired eyes with this jumbo duo highlighter pencil in gold and copper. The metallic shimmer gives an instant lift, and the texture is smooth and easy to apply.

[3] Korres Natural Products Ginger and Vitamins Lightweight Foundation SPF10 (\$55.95 for 40ml; www.kitcosmetics) This water-based, nutritious foundation is enriched with ginger and vitamins C and E to hydrate skin and balance tone.

[4] Inika Light Reflect Highlighting Crème (\$34.95 for 8g; www.inika.com.au) This non-oily mineral cream gives skin a radiant glow, thanks to a combination of mineral pigments and mica that capture the light.

[5] RMS Beauty Cream Eye Shadow in Solar (\$39.40 for 25g; www.spaorganics.com.au) If bright colours aren't your thing, this bronze colour is universally flattering. The sheer formula is easy to apply; plus, it doubles as an eye cream.